



August 2018

Term3, No. 2

Napier Boys' High School

Newsletter



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From The Headmaster's Office

Dear parents, caregivers and friends of the school

With the term well underway, most winter sports codes are heading into finals play (with the exception of the teams heading off to tournaments) which means the focus swings firmly back to the classroom and academics. Seniors have upcoming benchmark examinations and, with the latest school progress report available, you have a good idea of where they are tracking.

This article on feeling pride made me think about the benefits of reaching a valued goal – in this case, academic ones. Given that we are working with our young men on their long-term and short-term goals during tutor time, there is an opportunity to consider these conversations at home too.

FEELING PRIDE

Grit and inner motivation are building blocks to success, yet we sometimes struggle with how to instill these qualities in children. The arrogance of feeling superior to others was once considered to be one of the seven deadly sins. But researchers have focused on a healthier, more productive type of pride. Authentic pride — the deep personal satisfaction of hitting a valued goal — can encourage the kind of self-discipline and hard work it takes to stay motivated, overcome challenges and achieve.

A study last year by German researchers found students who reported feeling positive emotions such as pride and enjoyment in their work had significantly better achievement over time than students who had the same level of ability but fewer positive emotions.

From The Headmaster's Office

On the other hand, feeling a lack of pride in our work can motivate us to work harder, too. One study found that students who did poorly told researchers that they planned to study more in the future and then went on to perform better on the next exam.

Pride acts as a barometer of achievement. Pride makes you value long-term goals more than present ones and builds self-control and grit from the bottom up.

Parents play a critical role in building their child's sense of pride. Our brains don't come hard-wired to know what to take pride in, such as grades or sports, so children initially look to parents and then to teachers and peers to find out what's valued by those around them and therefore what goals are worthwhile to pursue.

When young people are engaged in areas where they feel confident and proud, it creates a ripple effect, giving them the motivation and encouragement to take on new

challenges in other areas of their lives.

To teach children how to use pride as a motivational tool, point it out: Did you notice how you felt when you aced your test, built that model plane or sang that song? If they're feeling a lack of pride over a test score or performance, talk through the actions they can take to avoid feeling that way in the future. To stay intrinsically motivated, children must feel as if they're improving toward a goal, so point out the pride they should feel in the small successes along the way.

When we withhold genuine praise or downplay pride, we deprive children of a powerful source of motivation that can help them persevere in the face of challenges today — and throughout their lives.

Acknowledgment: Jennifer Breheny Wallace in Washington Post 17 May 2018

Matt Bertram
Headmaster



HB Surf Life Saving Secondary School Pool Champs 2018

15 years strong!

NBHS sent a strong team of 24 to the pool champs and once again brought home the historical Vigor Brown Shield. This shield was first presented in 1914 when Surf Life Saving and the Royal Life Saving where one organisation.

The team consisted of:
Captain-Jack McGhie, Gus Andrews, Joe Avison, Reid Barker, Taran Butler, Josh Carmine, Ben Carmine, Alex Connor, Hadlee Dyer, Trent Kamper, Luke Kay, Tom Kay, Jonty Laver, William Laver, Jacob Lee, Oskar Lynch, Alex Margerison, Hugo Minor, Oliver Parvin, Carwyn Pattison, Matthew Sexton, Tasman Stuart, Sam Whiteside and Alfie Wilson.

Individual Results (Highest points overall across four different events):

U14 Boys
2nd Taran Butler



U16 Boys
1st Gus Andrews
2nd Joe Avison
3rd Alfie Wilson

U19 Boys
1st Jonty Laver
2nd equal Josh Carmine
2nd equal Matthew Sexton

Cornford Cup 2018



An overcast day in the Bay and the whole school lined up along Te Awa Avenue ready to start the annual school road race. The Year 12 and 13's start at Te Awa School, the Year 11's half way down the school fields, the Year 10's at the blue and white school gates and the Year 9's at the end of the school grounds.

The banter and speculation had been rife in the week leading up to the race. Who would win out of the talented Year 11 trio of Max Taylor, Reid Livingston and Oliver Marshall? Would anyone else be able to get close to these three?

In the end Oliver Marshall led from the 1k mark passing all of the Year 9 and 10 students at the turn into Kenny Road and went on to win comfortably in a time just over 13 minutes. This was the third Cornford Oliver has won taking out the race in Years 9 and 10 as well.



Tim LeCheminant-Reid

The real race was for second between Reid and Max. Max led for the first 2k then Reid took the lead and opened up a small gap of 5 metres that he maintained right through to the finish.

Trent Harvey was the first Year 9 home, Tim LeCheminant-Reid the first Year 10 and Louis Toomey the first senior.

The big upset of the day was in the House points where Napier House took out the competition beating Scinde by close to 200 points. Clyde in third and Hawke fourth.

Wet Weather



If the weather is really wet, we sometimes have a shortened lunchtime, which means school will finish at the earlier time of 2.50pm, buses still run at the normal time. There will be an alert sent out over the NBHS App. If you are uncertain, please ring the school and listen to the school information line.



Oliver Marshall leading Reid Livingston and Max Taylor to the finish line

Ātea o Rangī

A mixture of te reo Māori students recently strengthened their understanding on local pakiwaitara, and kōrero tuku iho - in particular celestial knowledge, and celestial navigation. This fieldtrip is part of a number of workshops aimed at returning to Te Matau a Māui (double-hull waka) for further learning, and perhaps a sail if possible. Ka rawe hoki!

NBHS at Au.E!

A group of NBHS students attended Au.E!, a rangatahi event delivering strength-based workshops for rangatahi aged 13-18, that aim to raise awareness, build resilience, inform cyber safety, and overall wellbeing. Au.E! provided an opportunity to form new connections within the community as well as helpful information and tips to inform and help rangatahi in their future. Ka mau te wehi!

Whakapiki Ake

A group of 80 boys were chosen recently to participate in Whakapiki Ake in our school library. Whakapiki Ake is about looking to increase the Māori Health Workforce with more rangatahi participating and achieving in subjects such as Chemistry, Physics, Biology, Mathematics and English in Year 11 -13. The objectives of these workshops are to encourage rangatahi to aspire to dream about what they want to do in the future, their tīpuna were scientists, mathematicians and more. Junior years at school are important building blocks for their future and that rangatahi will be inspired to believe that they can be who and what-ever they choose to be with work and support. Wetiweti kē mai nei e tama mā!



Scholarship Broadens Napier Boys' High School Graduate's Horizons

Venturing away from Hawkes Bay was always part of the plan for Harry Averill, but the idea of studying in a "city of students" is what ultimately drew the Napier Boys' High School graduate to the University of Otago.

"I'd always heard that Otago had an awesome student culture and that the student experience was a unique one," Harry says. "I knew it would be pretty special to be part of that."

The 19-year-old was awarded a \$6,000 University of Otago Leaders of Tomorrow Entrance Scholarship, which he says has been a "huge help" in getting started at Otago.

He is now several months in to his first year working toward a Bachelor of Commerce majoring in International Business, as well as a Bachelor of Arts majoring in Economics.

Already, his choice of study is opening doors he never anticipated.

"I'm required to learn a language as part of my International Business major, so I decided to take up Spanish. I've never learnt a language before and I'm really enjoying the challenge."

He hopes the effort will pay off with an exchange opportunity at one of Otago's Spanish-speaking partner universities in the future.

While at Otago, Harry is living at Arana College – one of 15 residential colleges on or near Otago's Dunedin campus, each offering support and care in its own unique style.

Living in a residential college has made the transition to tertiary study feel seamless, says Harry.

"Within days, I had met hundreds of people that shared my interests and I would now consider some of these people to be my best mates. We all started the year in the same boat with little to no knowledge of the way university works. The college is such an ideal platform to meet people from all over the country."



This year, Harry is taking a break from the competitive sport that made up such a big part of his secondary school experience.

"I decided to have a break from the intense side of sports and to enjoy it as more of a social exercise."

A weekly meet-up with mates at the local tennis and squash club, as well as being part of a social basketball and netball team has been an "awesome way to meet new people and keep fit".

He's also been spending time getting to know Dunedin, making the most of the local mountain bike trails and taking in games at the stadium.

"There's so much to do down here, it's almost too good to be true."

With a few months of university experience now under his belt, Harry has two pieces of advice for anyone considering their own tertiary study options.

"Visit the place you intend to study before making any decisions. You'll get a better feel for the culture and setting in the flesh which I believe is absolutely vital when deciding what place is best suited for you.

"Then, do some research into the courses you're thinking of taking. You

can't judge whether it's the right fit for you purely from what you have experienced with that subject in high school."

Learn more about University of Otago Entrance Scholarships [<http://www.otago.ac.nz/entrance-scholarships>].

Dental Care



It's Free Until Your 18th Birthday

Dental care is free for adolescents up to the age of 18 years, even if you don't go to school! It's important to see your dentist to make sure your teeth are fit and healthy. Are you new to Hawkes Bay or just haven't been for a few years? It's not too late, if you need some help finding a dentist or want more information then

- **Ring the Adolescent Dental Co-ordinator : Phone 8788109 ext 5766**
- **www.letstalkteeth.co.nz or 0800825583**
- **Yellow pages or ask family and friends who they go to**

The Polson Banner Sports Exchange

Rugby

The Polson banner is a prestigious event, with the inaugural game occurring in 1904 between the Napier Boys' High School and Palmerston Boys' High School 1st XV's. The banner is the biggest confirmed game of our season and is a true highlight for every player in the team. As we had won the banner in 2017 and that our team was hitting some great form we were the team to beat. An emphasis was put on a good, hard fast start that was aggressive and for the first half that's what we provided. Dominant carries, quick line speed and patience with the ball led to a 26-0 lead to Napier. With all credit to Palmerston they came back with the intensity we brought in the first half keeping the scoring relatively even in the last 35 minutes. However, it was a case of an all-round dominant performance by Napier which eventuated in a 36-19 win and the banner staying with Sky Blue for another year. Stand out performances from Tyrone Thompson, Kegan Christian Goss, Luke Russell, Henry Williams and Josh Gimblett gives the team the best platform ahead of Hurricanes competition finals.



26 pts, Tyrese Davies 25 pts, Clifton Bush jnr 12 pts, Kobe Kara & Isaiah Davies 11 pts and Karybe Te Kira 10 pts.



Basketball

Palmerston Boys' started the game fast getting up by 10 points in the first 5 minutes of the game. We made a change defensively and closed the gap to 3 points at the end of the first spell. The 2nd and 3rd quarters were an absolute battle which involved several lead changes between the teams.

We got up by 9 points in the 4th quarter but Palmerston wouldn't go away and went a run of their own and took the lead back. A 3 pointer by Isaiah Davies with 3 minutes to go regained the lead 94 - 93. With the game still in the balance Tyrese Davies and Yu Qing Jiang hit multiple free throws down the stretch to win 102 - 98.

We're happy with our team contribution which lead to several players featuring in double digit scoring. Yu Qing Jiang



The result meant a lot to the boys as Palmerston featured 2 NBL players and are highly rated Nationally. It showed us that we can compete with any team in the country and will provide us confidence moving forward.

Football

Heading into the game we knew it was going to be a tough and physical game after losing to them

in the Super 8 competition held a few weeks back. But the boys were up for it. Freshly back from a knee injury Jarred Coutts managed to put one past the Palmy Boys' High keeper which put Napier up 1-0 within the first 10 minutes. A great spell of attacking plays from both sides but it was Palmerston North Boys' High standout player Kay Kay Adeyinka managed to take his chance and put his first goal away to place his side back in the game. Palmerston then made it 2-1 with the head of Kay Kay. A great piece of play by Napier down the right-hand side set Max Simcox up to deliver a powerful cross to assist Harry Mason up with a delicate touch of the head. 2-2. A cross into the box from Palmerston's right side caused a problem for Napier's backline a undecided decision between players saw Palmerston's Kay Kay pounce on the loose ball and net his third to round of his hat-trick. A dominant spell for Napier saw the boys create problems for the Palmerston Boys' mid-field where Harry mason was able to get a shot away just outside the box, and once again change the lead of the game. Both teams had periods of dominants and took their chances when given the opportunity in the first half which saw the sides enter the brake at 3-3. Hard worker Zack Taylor managed to win the ball high up the field to assist



Harry Masons with a well taken goal to secure his hattrick of the game and put Napier back in the lead. 4-3. An important goal line clearance by Max Simcox stopped a scrappy chance for Palmerston Boys' But wasn't long after Palmerston Boys' Kay kay netted in his fourth goal of the game. 4-4. Both teams carried on pushing all the way through till the end where it was end to end action. A frustrated decision from Palmerston lead to a free kick 35 yards out. With five minutes to play central midfielder Luis Toomey stepped up, with a well-placed ball into the box and a helpful bounce saw the ball fall into the net, for Toomey to net the fifth goal for Napier and to see the lead change again. 5-4. A determined Napier side showed character to hold on to the 5-4 lead to win the game.

Hockey

The 1st XI hockey fixture for the Polson Banner in recent history has been very one-sided, and Napier Boys' have not been on the good side of it. Enter 2018. Our boys in blue played a tremendously tight, disciplined 60 minutes of hockey, with two exceptional goals; from our very own Central Districts striker Lucca Burley, and a year nine, Jonty Elmes. We were unlucky to concede a goal against in the latter stages of the second half, but it made no difference. Overall, we played a composed game of hockey, and it was incredibly rewarding to get the win after so long.



Napier Secondary Schools' Year 12 Art Exhibition
 Friday 31st Aug - Wednesday 12th Sep



Mon - Sat 10am - 4pm
 Sun 10am - 2pm
 Creative Arts Napier
 16 Byron Street
 (behind Te Pania Hotel)

Rotary Great Plate Debate

Yr. 13s, Kingston Webb, Tawhiwhi Watson and William Thomas competed in the annual Great Plate Debate. This inaugural event, organised and sponsored by The Rotary Club, was hosted in The Taradale Town Hall. NBHS had to argue that Addressing climate change issues is more important than economic growth in New Zealand. The boys put up very valid and convincing arguments, showing passion and conviction. Unfortunately, this year the adjudicators, including Stuart Nash, awarded the Plate to NGHS.



Squash 2018

Napier Boy's High School again had the most number of teams competing. We had a lot of first timers and so it has been pleasing to see their progression and the enjoyment gained from having a go. The Platinum team of Luca Fisch, Luke McIntosh, Logan Willis and Matthew Simpson won the Napier

Senior Competition whilst the Bronze team of John O'Connor, Jonty Munns, Angus Dykes and James Parkinson won the Napier Junior Boys Competition. In the Hawkes Bay Secondary School Individual Championships, we had Sam Fletcher best placed with second and Logan Willis placing fourth in the

Senior Division. In the Junior Division Ben Fussell came a creditable ninth.

A special thanks to those parents who helped out and to Logan Willis, Mr Coetzee, Ms Fox-Warren, and Mr Pinfold for their help and patience this season.

Hire Uniform

When students are required to wear number one uniform for school events and have hired them from the second hand shop – it is important that the uniform is returned **IMMEDIATELY THAT THE EVENT IS OVER.**

Students who do not return uniform within 2 weeks of being overdue will be charged a 'season hire' of \$60 for the inconvenience, if non return

continues a replacement value will be charged to students account. Too much of staff time is being spent chasing students to return hired clothing.

Blazers \$200
Grey trousers \$56
Ties \$25

We have many teams to outfit and a quick turn around is vital to ensure

we have enough stock for everyone to look smart on special occasions.

If your son is involved in a sport or activity that will require no. 1's to be worn during the year it is suggested a pair of grey trousers and a tie of his own be purchased. It can be on-sold second hand once a student leaves school.

Uniform Shop

The school uniform shop opening hours are :

TUESDAY (AFTER SCHOOL)
3 – 4.30PM

THURSDAY (STUDENT LUNCH HOUR)
1.10 – 2.10PM

Both new and second hand shops are only staffed during these hours – please organise to get uniform when

the shop is open. Pay in advance or internet bank money and have your son attend the shop for his requirements.

Thank you to the parents who make sure clothing is named – uniform is returned to students promptly if it comes to the office with a name on it. Remember to check names written on in vivid can still be read.



Uniform enquiries can be made by phoning 833 5900 extn 204 or email uniform@nbhs.school.nz.

Whats Due Term 3

Year 11 Whats Due for Term Three

Short form name of assessment	Classes	Credits	Date Due
Alternate Science S1.7 Metals	Dh, Fn	4	Weeks 3-5
Geography 1.7 Youthful Populations	BR BT BU	3	Week 3
Sport and Recreation 1.5 Demonstrate interpersonal skills in a group and explain how these skills impact on others	Lh	4	Week 3
Digital Technology - end of module 3	Ar		Week 4
Food & Nutrition- 1.1 - Nutritional Needs	Ly, Sn	5	Weeks 5-6
102 Mathematics 1.13 Elements of Chance	De, Es, Bl	3	Week 6
Accounting: Reporting for Community Organisations	Pd	4	Week 7
Physical Education 1.3 Demonstrate quality movement in the performance of a physical activity	Gn, Jk Mg	3	Week 8-9
Physical Education 1.6 Demonstrate strategies to improve performance of a physical activity	Gn, Jk, Mg	3	Week 8-9
Sport and Recreation 1.3 Demonstrate quality movement in the performance of a physical activity	Ld, Lh	3	Week 8-9
Sport and Recreation 1.6 Demonstrate strategies to improve performance of a physical activity	Ld, Lh	3	Week 8-9
102 Mathematics 1.1 Number	De, Es, Bl	4	Week 9

Year 12 Whats Due for Term Three

Short form name of assessment	Classes	Credits	Date Due
Sport and Recreation 2.1 Examine the role and significance of physical activity in the lives of young people in New Zealand	Gn, Sa	3	Week 2
Digital Technology - end of module 3	Ar, Sy		Week 4
Geography 2.7 Global Patterns Maritime Piracy	JO TK	3	Week 8
Physical Education 2.6	Mg, Wt	4	Week 8
Sport and Recreation 1.2 Demonstrate understanding of the function of the body as it relates to the performance of physical activity.	Gn, Sa	5	Week 9

Year 13 Whats Due for Term Three

Short form name of assessment	Classes	Credits	Date Due
Digital Technology - end of module 3	Sy		Week 4
Geography 3.7 Global Topic Water Scarcity	BT JO	3	Week 7
Physical Education 3.6 Evaluate the use of health promotion to influence participation in physical activity		5	Week 9
Sport & Recreation 3.1 Evaluate physical activity experiences to devise strategies for lifelong well-being	Jk	4	Week 3



If you wish to have the Newsletter emailed to you please ensure you let Julie Gourdie have your email address. Please contact her at jgourdie@nbhs.school.nz with any alterations to your email as well.



NAPIER BOYS' HIGH SCHOOL

Term Three 2018

Week Six

M	27	Aug	Module swap over date
Th	30		HBSS Badminton Doubles champs
W-F	29-31		International students Ski Trip
Th/F	30/31		Victoria University trip
Su	2	Sep	Clay target Shooting round 5 – Hawkes Bay

Week Seven

Sa-Tu	1-4	Sept	Junior Basketball regional qualifying
M-F	3-7		National Tournament Week
M-Tu	3-4		NZ Golf – Palmerston North
M-W	3-5		Super 8 Under 14 Rugby tournament – Palmerston North
M-F	3-7		1st XI Hockey Rankin Cup – Tauranga
M-F	3-7		2nd XI Hockey Development tournament – Hamilton
M-F	3-7		1st XI Football – Christchurch
M-F	3-7		2nd XI Football Tournament – New Plymouth
M-Th	3-6		Junior Football tournament - Tauranga
M-F	3-7		National Under 15 Rugby – Auckland
W-Su	5-8		Basketball Regional qualifying –
F-Su	7-9		Hostel Exeat Weekend

Week Eight

M	10	Sept	MID-TERM BREAK
Th	13		Junior Social (Here)
Th	13		HBSS Badminton Doubles champs
F	14		Colours assembly
F/Sa	14/15		NZ Super 8 Principals and Sports co-ordinators meeting
Su	16		Clay target Shooting round 6 - Woodville

Week Nine

Su-W	16-19	Sept	North Island Sking
W	19		Sports Awards Dinner
W/Th	19/20		Barbershop National - Wellington
Th	20		Senior Exams start

Week Ten

M-F	24-28	Sept	Senior Exams continue
M-W	24-26		North Island Snow Boarding
F	28		END OF TERM
Sa-F	29/9-12/10		Japan Tour

HOLIDAYS:

Th-Sa	9-11	Oct	NZSES Prefect Leadership training (Rotorua)
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SICK STUDENTS

If your son is suffering any cold/flu like symptoms, or says that he is feeling sick, please keep him at home. If they come to school unwell, they are at risk of spreading sickness to all our other students. Please don't forget to ring/text the attendance line.

